

## Primary School Meals Menu

### Food Allergies and Intolerances

Please speak to our kitchen staff about your child's requirements.  
Thank You

Winter 2021 Menu	Menu Week 1	Menu Week 2	Menu Week 3
Week Commencing - (Monday)			3 <sup>rd</sup> January 2022
Week Commencing - (Monday)	10 <sup>th</sup> January 2022	17 <sup>th</sup> January 2022	24 <sup>th</sup> January 2022
Week Commencing - (Monday)	31 <sup>st</sup> January 2022	7 <sup>th</sup> February 2022	14 <sup>th</sup> February 2022
Week Commencing - (Monday)			
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### Week 1

Monday
Cheese & Tomato Pizza Potato Smiles or Jacket Potato or Pasta Baked Beans or Seasonal Salad Homemade Chocolate & Mandarin Sponge & Custard
Tuesday
Oven Baked Pork Sausage with Gravy Creamed Potatoes or Jacket Potato Broccoli, Carrots or Seasonal Salad Chocolate Rice Krispie Cake
Wednesday
Homemade Chicken Curry with Homemade Bread Boiled Rice or Jacket Potato Garden Peas & Sweetcorn or Seasonal Salad Raspberry Ripple Ice Cream Roll
Thursday
Roast Beef & Yorkshire Pudding with Gravy Boiled or Creamed Potatoes or Jacket Potato Peas or Carrots or Seasonal Salad Homemade Biscuit & Fruit Wedge
Friday
Breaded Birds Eye Fish Fingers Chipped Potatoes or Jacket Potato or Pasta Baked Beans or Seasonal Salad Homemade Marble Sponge & Custard

### Week 2

Monday
Frikadellen Potato Wedges or Jacket Potato or Pasta Baked Beans or Carrot Sticks and Beetroot Homemade Chocolate Cookie
Tuesday
Oven Baked Pork Sausage with Yorkshire Pudding and Gravy Boiled Potatoes or Creamed Potatoes or Jacket Potato Broccoli or Carrots or Seasonal Salad Homemade Fruit Sponge & Custard
Wednesday
Homemade Beef Bolognese / Garlic Bread Pasta or Jacket Potato Garden Peas or Sweetcorn or Seasonal Salad Mini Donut
Thursday
Roast Chicken with Homemade Stuffing & Gravy Boiled or Creamed Potatoes or Jacket Potato Garden Peas or Cabbage or Seasonal Salad Fresh Fruit Salad & Ice Cream
Friday
Baked Breaded Fish Chipped Potatoes or Jacket Potato or Pasta Baked Beans or Cucumber Sticks / Seasonal Salad Homemade Sponge & Custard

### Week 3

Monday
Cheese & Tomato Pizza Sauté Potatoes or Jacket Potato or Pasta Baked Beans or Seasonal Salad / Coleslaw Homemade Peach Sponge & Custard
Tuesday
Homemade Minced Beef Pie and Gravy Creamed Potatoes or Jacket Potato Green Beans or Garden Peas or Carrots Assorted Fruit Yogurt Pots
Wednesday
Crispy Crumbed Breaded Chicken Breast Fillet Boiled Potatoes or Jacket Potato or Spaghetti Hoops Sweetcorn or Grated Carrot and Beetroot Salad Homemade Biscuit & Fruit Wedges
Thursday
Roast Turkey with Homemade Stuffing and Gravy Boiled Potatoes or Jacket Potato Carrots or Broccoli or Seasonal Salad Mandarin Orange Jelly & Ice Cream
Friday
Breaded Birds Eye Fish Fingers Chipped Potatoes or Jacket Potato or Pasta Baked Beans or Garden Peas Eves Sponge Pudding & Custard

**\*\* Due to current situation please keep looking for menu updates \*\***

Available daily:- ● Fresh Fruit Bowl Choice ● Pasta ● Seasonal Salads ● Wholemeal Bread ● Jacket Potatoes

A daily choice of Chilled Fruit Juice, Milk or Water is available.

**Baked Salmon is available as an alternative on a Friday**

For reasons beyond our control, the menus may have to be changed at short notice, please check your individual schools for menu updates.